



Sandwiches

Any sandwich can be made on a ciabatta bun for an extra .99 cents

Gluten Free Bread is available for \$1.99 extra

Grilled Cheese Panini - \$4.99

Your choice of whole grain or white texas toast with cheddar cheese, grilled to perfection. Add bacon for \$2.00

Ham & Swiss Panini - \$6.99

Your choice of whole grain or white bread layered with black forest ham, swiss cheese, red onion and tomatoes.

Turkey, Gouda & Green Apple Paninii - \$8.99

Layers of smoked deli turkey breast, Gouda cheese, slices of green apple & cranberry mayonnaise on a fresh ciabatta bun.

The Reuben - \$8.99

Sliced Corned Beef, Sauerkraut & Swiss Cheese on Rye...grilled on our panini press.

Roasted Vegetable & Feta Panini or Wrap - \$7.99

Roasted bell peppers, onions, mushrooms and garlic topped with feta cheese and served on a ciabatta bun. Black olives are free for the asking.

Turkey, Cheddar & Bacon Panini \$7.99

Your choice of whole grain, rye or white bread layered with smoked deli turkey breast, cheddar cheese, bacon, tomatoes & red onion.

Bacon, Lettuce & Tomato - \$6.99

A classic favourite... served on your choice of bread, plain or toasted.

Tuna Salad - \$6.99

White tuna, light mayo, lettuce and chopped celery on your choice of bread, plain or toasted.

Chicken Caesar Wrap - \$6.99

Grilled chicken breast, bacon, cheddar cheese with our signature caesar salad, served grilled or cold.

Chicken Pesto Panini \$8.99

Grilled chicken breast, feta cheese, tomato and basil pesto grilled on a ciabatta bun.



The Lunch Trio \$10.99 ...when you want it all..

Step 1 -Choose ½ of a sandwich- Turkey, Gouda & Green Apple, Reuben or Ham & Swiss

Step 2 – Choose a salad – Garden or Caesar

Step 3 – Choose a soup – Broccoli & Cheddar or Soup Of The Day

Soups & Breads

Broccoli & Cheddar Soup or Soup Of The Day (ask your server)

Full Size - \$6.99 Half Size - \$4.50

Toasted Ciabatta Bun \$1.99



Salads



Garden Salad – Full Size \$7.99...Half Size \$4.99

Fresh greens topped with peppers, red onion, tomato and cucumber and your choice of ranch, french, Italian, 1000 island, poppy seed, blue cheese, balsamic, or raspberry vinaigrette dressing.

Cobb Salad - Full \$12.99...Half Size \$8.99

Fresh greens, peppers, red onion, tomato, cucumber, chicken breast, cheddar cheese, bacon and boiled egg with your choice of ranch, french, Italian, 1000 island, poppy seed, blue cheese, balsamic, or raspberry vinaigrette dressing.

Caesar Salad – Full Size \$9.99...1/2 Size \$6.99

Romaine lettuce, parmesan cheese, bacon and seasoned croutons tossed in our own homemade Caesar dressing...garlic lovers rejoice! Add grilled chicken for \$4.00

*our dressing is made daily with fresh eggs (alternative Renee's dressing)

Greek Salad – Full Size \$9.99...Half Size \$6.99

Fresh greens, tomato, peppers, red onion, feta cheese, cucumber and black olives tossed in a greek & feta dressing.

Craisin & Almond Salad - Full Size \$8.99...Half Size \$5.99

Fresh greens with raisins, mushrooms, cucumber and toasted almonds served with a raspberry vinaigrette.

Tuna Salad – Serenity Style- Full Size \$11.99...Half Size \$7.99

A bed of fresh greens
, tomatoes, red onions and cucumbers served with tuna salad
(tuna, light mayo and celery) and your choice of salad dressing on the side.

